

Spinal Collar / Brace Form

Ward / Hospital:
 Consultant:
 Your Name / Grade:
 Signature:
 Date:
 Contact No / Bleep:
 Diagnosis / ASIA Grade / Cord Level:

Patient Label



Other (e.g. Comorbidities / Shape / Size of patient):

Indication:

- Conservative
- Post Surgery

Stability:

- Unstable
- Stable
- Risk Progressive Collapse / Deformity

Purpose of Brace:

- Maximum Rigid Stability
- Semi Rigid Postural Reminder / Movement Restrictor
- Pain Relief

Movement Restriction:

- Sagittal Plane (Flex / Ext)
- Triplanar (All Directions)

Suggested Orthosis:



- Halo / Minerva / CO
C0-2
- CO
C3-5
Elderly Peg fractures
- Bulky Soft Collar**
e.g. Elderly Peg fractures
- CTO
C6-T5
- CTLSO
Multiple level fractures
- TLSO
T7-L3
- Hyperextension TLSO
T9-L3
- LSO / Hip Spica
L4-S1
- Soft Lumbar Corset

Complete Both

Collar - Fitting Instructions:

- Wear 24/7: Yes No
- Wear only mobilising / upright:
(can sit to degrees without collar)
- Soft collar in bed: Yes No
- Collar Care: Lying with head hold
Lying no head hold Sitting
- In collar: log roll with head hold
log roll no head hold
roll maintaining spinal alignment
- Out of collar: log roll with head hold
log roll no head hold
roll maintaining spinal alignment
- Mobilise Pre Erect XR: Yes No
- Remove for showering: Yes No
- Soft collar for showering: Yes No
- Duration in Collar:

Brace - Fitting Instructions:

- Wear 24/7: (Yes No
- Wear only mobilising / upright:
(can sit to degrees without brace)
- Out of brace: unstable 3-4 person log roll
roll maintaining spinal alignment
- Position to fit: Lying Sitting Standing
- Mobilise Pre Erect XR: Yes No
- Remove for showering: Yes No
- Duration in Brace:

CO - Cervical Orthosis; CTO – Cervico Thoracic Orthosis;
 TLSO - Thoraco Lumbar Sacral Orthosis;
 LSO - Lumbo Sacral Orthosis; SO - Sacral Orthosis

Reason / Notes Alternative Plan:

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