




Latest Innovations in Advanced Spine Surgery for Fellows: Cases

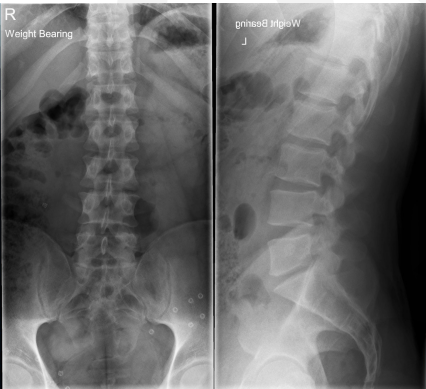
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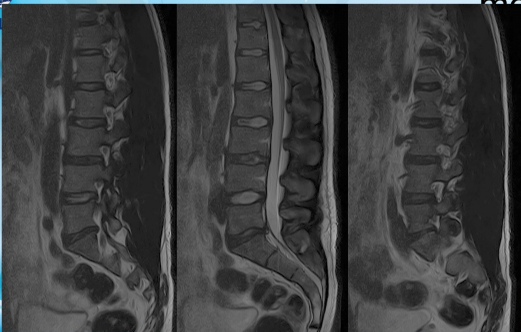

Lets start with a simple case!

- 30-year-old man
- Ex military now "security" abroad
- Long term lumbosacral low back pain
- Last 2 years worsening mid low back pain
- No leg symptoms
- Failed conservative management
- Pt wants something "permanent"
- VAS Back 7/10, Vas Leg 0/10, ODI 38%

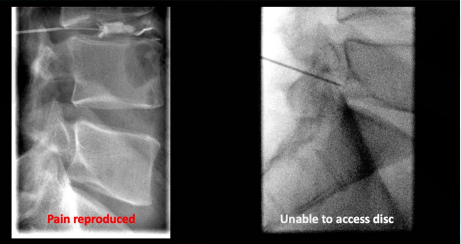











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What would you do?

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"You know that back pain I complained of doc? Well its nothing compared to this leg pain...!"

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What would you do?

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Keep it simple!

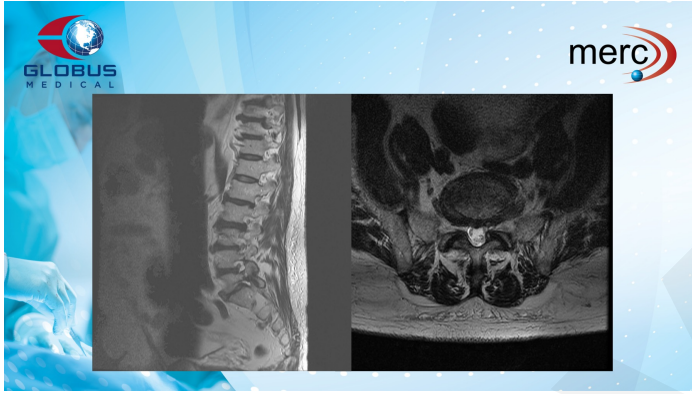
- L5/S1 discectomy cured him!
- Low back pain became "manageable"!
- It can always be worse / perspective...

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Another reasonably simple one...

- 65 year old male
- Ex-miner, poor skin, overweight
- Severe right L5 pain
- Failed conservative management
- Responded well to root block

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Options...

- Nothing / Conservative / Pain Clinic...
- Decompression / Facetectomy...
- ALIF alone...
- ALIF with posterior...
- TLIF...
- Endoscopic foraminotomy...

